BULGARIAN ORTHOPAEDIC AND
TRAUMATOLOGIC ASSOCIATION (BOTA)

NATIONAL CONGRESS OF
THE BULGARIAN ORTHOPAEDIC
AND TRAUMATOLOGIC ASSOCIATION
WITH INTERNATIONAL PARTICIPATION

9 - 12 October 2013

Hotel Melia Grand Hermitage
Golden Sands Resort
Varna
NATIONAL CONGRESS OF
THE BULGARIAN ORTHOPAEDIC
AND TRAUMATOLOGIC ASSOCIATION
WITH INTERNATIONAL PARTICIPATION

9 - 12 October 2013, Hotel Melia Grand Hermitage, Golden Sands Resort, Varna

ORGANIZING COMMITTEE

CHAIRMAN OF THE ORGANIZING COMMITTEE:
Prof. Asparouh Asparouhov MD, Ph. D

VICE - CHAIRMAN:
Prof. Diko Boshnakov MD, Ph. D

TREASURER:
Assoc. Prof. Plamen Kinov MD, Ph. D

SECRETARY:
Georgi Dimitrov MD

SCIENTIFIC COMMITTEE

CHAIRMAN:
Prof. Asparouh Asparouhov MD, Ph.D.

MEMBERS:
Prof. Dr. D. Boshnakov, MD, Ph.D.
Prof. Dr. A. Yotov, MD, Ph.D.
Assoc. Prof. Hr. Georgiev
Assoc. Prof. D. Enchev, MD, Ph.D.
Assoc. Prof. P. Kinov, MD, Ph.D.
Assoc. Prof. P. Kocev, MD, Ph.D.
Assoc. Prof. V. Stavrev, MD, Ph.D.
Dear colleges,

It is a great honor for me as a host and a Chairman of the Bulgarian and Traumatologic Orthopaedic Association (BOTA), to invite you to the XII National Congress of the association with international participation. Our guests will be Bulgarian and foreign worldwide accepted and renowned specialists.

The forum will be held in Golden Sands Resort in Hotel Melia Grand Hermitage from 9th to 12th October 2013.

I do believe that for the past three years, specialists from our specialty have treated new interesting cases with challenging pathology and I look forward impatiently from fellow’s curious directions for reflection and discussion.

The program of the event includes satellite symposia by leading medical and pharmaceutical companies which will present their high quality medicines and most - recent technologies in the field of orthopedics and traumatology.

During the Congress there will be poster sessions, as well, where colleagues can share knowledge and practices, and as a result we expect thorough and useful discussions.

Along with the high scientific level of the program provided we will blend a delightful social program, in the cosy Hotel Melia Grand Hermitage atmosphere.

Prof. A. Asparouhov
Chairman of the Bulgarian Orthopaedic and Traumatology Association (BOTA)
Chairman of the Organizing Committee
### OFFICIAL LANGUAGES

Official languages of the Congress are English and Bulgarian. Simultaneous translation will be provided during the presentations.

### MAIN TOPICS

- Knee replacement surgery (primary and revision)
- Hip replacement surgery (primary and revision)
- Arthroscopy and Sports Trauma
- Trauma (upper and lower limb, pelvis, spine)
- Hand surgery
- Spine surgery
- Varia

### SCIENTIFIC PROGRAMME INFORMATION

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<td>12:00 - 17:00</td>
<td>Morning sessions 08:30 - 12:30</td>
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<td>Registration</td>
<td>Main Hall</td>
<td>Parallel Hall</td>
<td>Poster Hall</td>
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<tr>
<td>Guest Speakers</td>
<td>Plenary Session - Arthroscopy</td>
<td>Poster session 1</td>
<td>Plenary Session - Arm surgery</td>
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<td><strong>Coffee break</strong></td>
<td>Plenary session - Primary knee replacement</td>
<td>Coffee break</td>
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<td><strong>Lunch break</strong></td>
<td>Afternoon sessions 13:30 - 19:00</td>
<td>Plenary session - Primary endoprosthesis of the hip</td>
<td>Plenary session - Varia</td>
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<td><strong>Opening</strong></td>
<td>EPORT Forum</td>
<td>Plenary session - Paediatric orthopedics</td>
<td><strong>Closure</strong></td>
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<td>16:00 - 16:30</td>
<td>Revision Total Knee Replacement</td>
<td>Plenary session - Revision replacement of the hip</td>
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<tr>
<td>Guest speakers; Ceremony for honored members in BOTA</td>
<td>Plenary session - Spine surgery</td>
<td>Plenary session - Trauma</td>
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<tr>
<td>Cocktail</td>
<td>Plenary session - Revision Total Knee Endoprosthesis</td>
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<td>Gala dinner</td>
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INSTRUCTIONS FOR THE AUTHORS:

Please specify whether you prefer: oral or poster presentation

- The scientific committee will accept abstracts, related to the announced Congress topics.
- An abstract must not exceed 250 words, Times New Roman font, size 12, line spacing 1.5. The name of the file should be the same as the author’s name (ex. - abstract_Petrov)
- Abstracts should be submitted in English.
- An abstract should be structured as follows:
  (I.) Point and object of the research, (II.) Methods applied, (III.) Results, (IV.) Conclusion
- Please use a title connected with the topic of the resume.
- Avoid using abbreviations in the abstract title.
- In case of using abbreviations need to be used, please include their full designation at first, with the abbreviations following in brackets.
- Please underline the name of the author presenting the lecture.
- The text of the e-mail must specify an author for correspondence, as well as contact options - e-mail; cell phone number.
- Authors willing to present an oral or a poster presentation must send an abstract to: orthopaedics_2013@cic.bg

ABSTRACT SUBMISSION DEADLINE IS: June 17, 2013

Authors will receive confirmation of abstracts received to the email it was sent from. After the Scientific Committee’s consideration, the authors will receive a confirmation by email whether the abstract was approved for an oral or a poster presentation.
INSTRUCTIONS FOR AUDIO VISUAL PRESENTATIONS

Please submit your presentations on CD, DVD or USB flash memory to the technical team in the hall at the day of your presentation, latest in the break, before the respective session. Please, be present in the hall at least 10 minutes before the beginning of your presentation.

POSTER SESSION

The Poster size should not exceed 90 cm width and 180 cm height. Mounting materials will be available at the Registration desk of CIC Ltd.

CERTIFICATE OF ATTENDANCE

All registered participants in the Congress will receive a certificate of attendance from the Registration desk of CIC Ltd.

AWARDS

The following awards will be announced:

- Best young Presenter’s Presentation
- Best Poster Presentation
The registration fee includes:
• Access to all plenary sessions, poster sessions, company symposia and presentations
• Access to the medical exhibition
• Set of materials
• Welcome reception on October 9
• Gala dinner on October 11
• Luncheons
• Coffee breaks

Student's and Doctors-in-training registration fee includes:
• Access to plenary sessions
• Access to poster sessions
• Access to the medical exhibition
• Set of materials

Please proceed with your registration by filling in the registration form and submitting to CIC Ltd. by:

• E-mail: orthopaedics_2013@cic.bg
• Fax: + 359 2 892 08 00
• Online registration: www.cic.bg
GENERAL INFORMATION

BULGARIA
The land of roses, Bulgaria, is a small country of ancient culture, scenic beauty, friendly people, hospitality and warmth. It is a beautiful mountainous country, with tourism opportunities being one of its biggest assets. Bulgaria possesses beautiful landscapes and beaches, and is becoming a real resort paradise. The Black Sea Coast on its East border is famous for its fine sanded beaches, and perfect temperatures of water and air.

GOLDEN SANDS RESORT, VARNA
Golden Sands is the most famous resort on the northern Black Sea coastline. Situated in the outskirts of a natural park, on the legally protected area, it is an excellent place for recreation and entertainment.

COMING TO VARNA:
Options:
1. Direct flight to Varna
Information on airlines operating to/from Varna can be found on the Varna Airport website: http://www.varna-airport.bg/, or for more information: +359 52 573 323.

2. Flight to Sofia
Direct flights from Varna - Sofia - Varna are available once a day. Information on airlines operating to/from Sofia can be found on the Sofia Airport website: www.sofia-airport.com, or for more information: +359 2 937 22 11; +359 2 937 22 12; +359 2 937 22 13.

TRANSFERS TO/FROM VARNA AIRPORT
Transfers from Varna Airport to Melia Grand Hermitage, Golden Sands Resort and back will be ensured for attendees who have provided full flight details with their transfer requests.

VISA AND PASSPORT REQUIREMENTS
Bulgaria has a visa-free regime with EU countries. Non-EU citizens may need a visa. Please consult your local Bulgarian embassy for details or visit the Bulgarian Ministry of Foreign Affairs web site at www.mfa.bg.

CLIMATE & CLOTHING
The climate in Varna in the beginning of October is usually warm, sometimes rainy, with average daily temperatures ranging from 10 - 15 to C. Evenings are usually cooler and therefore a warm overcoat is advisable.

CURRENCY AND BANKS
The currency unit in the Republic of Bulgaria is the Bulgarian Lev (plural form - leva /levs/). It is advisable that foreign currency is exchanged either at a bank or at designated currency exchange bureaus. Foreign currency can also be safely exchanged at the hotel. Pegged exchange rate: EUR 1 = BGN 1.95583. Banks are operating with clients from 8.30 am until 4 pm from Monday till Friday.
Hotel Melia Grand Hermitage is one of the largest hotel complexes in Bulgaria, located in Golden Sands Resort, Varna, directly at the Black Sea Coast. The Hotel offers 5 star facilities, amenities and services. It is located on a quiet hillside and is surrounded by lush green terraces leading down to the promenade and the beach.
IMPORTANT DATES

Hotel accommodation will be arranged in accordance with the information submitted in the Registration form. Please note that reservations are considered valid after the Company for International Congresses has received the completed registration form and first night hotel deposit.

• Registration fees are non refundable
• In case of cancellation, submitted in writing until May 31st, 2013, first night deposit will be refunded.
• After May 31st, 2013 - no amounts will be refunded.

PAYMENT

ADVANCE PAYMENT - (early-bird registration fee and the first night accommodation deposit) can be made by bank transfer or by credit card in EURO.

- Bank transfer - Payments (net of bank charges) can also be remitted directly to the following bank account:
  
  Bank: Uni Credit Bulbank  
  Branch: Sveta Sofia  
  Bank address: 58 Alabin Str., Sofia, Bulgaria  
  Beneficiary: Company for International Congresses Ltd.  
  IBAN: BG75 UNCR 9660 1464 4601 28; BIC: UNCRBGSF  
  Please indicate participant’s name and „BOTA 2013“ as purpose of payment.

- Credit card - (VISA & MasterCard)
  
  If you would like to pay by a credit card, please fill in and submit the „Online registration“ form, that can be found at www.cic.bg.  
  Please note that we don’t accept American Express.

ON-SITE PAYMENT - Balance amount (for the accommodation, late registration fee, etc.), can be paid either in cash in EURO or by credit card upon registering at the Registration Desk of Company for International Congresses CIC Ltd. at Hotel Melia Grand Hermitage.

CANCELLATIONS

- Registration fees are non refundable  
- In case of cancellation, submitted in writing until May 31st, 2013, first night deposit will be refunded.  
- After May 31st, 2013 - no amounts will be refunded.
### IMPORTANT DATES

#### Pre Congress

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<td>17 June 2013</td>
<td>Early-bird registration fee deadline</td>
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<tr>
<td>17 June 2013</td>
<td>Abstracts submission deadline</td>
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<td>31 May 2013</td>
<td>Hotel Cancellation deadline</td>
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#### At the Congress

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<tr>
<td>9 October 2013</td>
<td>Arrival, Accommodation, Registration</td>
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<td>Official Opening and Welcome Reception</td>
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For information regarding participation in the scientific programme of the Congress:

**BULGARIAN ORTHOPAEDIC AND TRAUMATOLOGIC ASSOCIATION (BOTA)**

Georgi Dimitrov, MD  
Orthopaedics and Traumatology Clinic  
89, Ruse Blvd  
5800 Pleven, Bulgaria  
Tel/Fax: +359 64 886 553  
Mobile: +359 888 654 168

For registration, hotel reservation and information please find:

**OFFICIAL AGENT**  
COMPANY FOR INTERNATIONAL CONGRESSES - CIC Ltd.

Tel: +359 2 892 08 08; 09 to 79  
Fax: +359 2 892 08 00  
Sofia 1700, Vitosha Distr., 2 Lea Ivanova St.  
E-mail: orthopaedics_2013@cic.bg  
Web: www.cic.bg