Save the date June 11-12, 2018

Spinal Instructional Course in Reykjavik, Iceland, June 11th and 12th 2018 in connection to the NOF 2018 Conference.

Target Group: Residents, Fresh Specialists with interest in Spinal disorders and Trauma, Up-dating for Specialists

Faculty:
Helena Brisby, Gothenburg
Peter Försth, Uppsala
Halldór Jónsson jr, Reykjavik
Bjarni Valtýsson, Riyadh
Magnús Ólason, Reykjavik
Christian Hellum, Oslo
Björn Zoëga, Stockholm

Moderators: Ragnar Jónsson, Halldór Jónsson jr.

**Monday June 11, 2018**

17.00-17.30 Introduction. Diagnostic tests. Applied anatomy
Halldor Jonsson Jr

17.30-18.00 Spinal imaging. Principles and pitfalls.
Radiologist

18.00-18.30 Pathophysiology of spinal & nerve root pain
Helena Brisby

18.30-19.00 Spinal Pain: Epidemiology & life style factors
Magnus Ólason
Tuesday June 12, 2018

08.00-08.30 Clin investigations, correlation with symptoms & imaging
Halldor Jonsson Jr

08.30-09.00 Nonoperative treatment of chronic cervical and lumbar pain
Magnus Ólason

09.00-09.30 Acute and chronic cervical axial and nerve root pain, herniated disc of the cervical spine. Diagnosis and treatment
Björn Zoëga

09.30-10.00 Lumbar spinal stenosis. Diagnosis, and state of the art for surgery
Peter Försth

10.00-10.20 COFFEE.

10.20-10.50 Herniated disc of the lumbar spine. Diagnosis, treatment and state of the art for Surgery.
Christian Hellum

Peter Försth

11.20-11.50 Evidence based treatment and mini-invasive modalites of chronic lumbar and cervical pain.
Bjarni Valtýsson

11.50-12.30 LUNCH

Halldor Jonson Jr

Björn Zoëga

13.30-14.00 Surgery for chronic lumbar pain.
14.00-14.30  Surgical complications, postoperative infection and neurological complications. How to avoid, diagnose and treat.
From faculty

14.30-15.00  Patients with spinal problems. When is a referral to a spinal surgeon indicated.
Helena Brisby

15.00-15.20  COFFEE.

15.20-16.40  Clinical cases and imaging
Smaller groups, one faculty member/group.

16.40-17.00  Take home message control. Closing remarks. Course evaluation formula.
Ragnar Jonsson